

# Sharpen Your Thinking & Communication with Precision Questioning



## Why Precision Questioning Matters

Precision questioning is a cornerstone of critical thinking and quality communication, enabling you to dissect complex ideas, challenge assumptions, and uncover deeper truths.

### **Understand Others Deeply**

These questions help you go beyond surface-level conversations to understand intentions, beliefs, and perspectives.

#### **For example:**

- “What specifically do you mean by ‘X’?”
- “How specifically does this impact you?”
- “According to whom specifically?”
- “Who specifically are the experts you’re referring to?”

### **Clarify Your Thinking**

Your mind can get cluttered with vague ideas or assumptions.  
Precision questions force clarity in your thinking.

#### **For example:**

- “What specifically am I referring to?”
- “How do I know this is true?”
- “Am I seeing the whole picture?”
- “What specifically do I want to achieve?”

### **Break Limiting Beliefs**

Often, objections or self-doubt are rooted in vague or faulty logic.  
Precision questions reveal cracks in limiting beliefs.

#### **For example:**

- “How specifically does failing mean I’m not capable?”
- “What’s stopping me from trying again and again until I succeed?”
- “What evidence do you have to support that belief?”
- “How do you know X causes Y?”
- “Compared to what?”



# 16 Precision Questions



Mastering precision questioning transforms your mental clarity and problem-solving ability, equipping you to navigate complexity with confidence.

It's not just a skill—it's a superpower for critical thinking.



1. What specifically?
2. When specifically?
3. Where specifically?
4. How specifically?
5. Who specifically?
6. How specifically is that a problem for you?
7. How specifically does X mean Y?
8. How specifically does X cause Y?
9. How do you know?
10. What's stopping you?
11. What would happen if you didn't?
12. According to whom specifically?
13. By what criteria specifically?
14. Compared to what specifically?
15. What specifically do you mean by X?
16. What specifically are you referring to when you use the word X?



**UNLOCK YOUR CHILD’S FULL POTENTIAL WITH PROFESSIONAL MINDSET COACHING FOR PEAK PERFORMANCE!**

**We guarantee confidence!**

If you're looking for a proven, step-by-step, guaranteed system to help your child build lasting confidence and unlock their best, then our **Guaranteed Confidence Program** might be perfect for you. In this 6-month program, we'll work together to equip your child with the mindset, strategies, and tools they need to feel confident both on and off the field.



Through a personalized approach that combines expert coaching and parent support, this program guarantees that your child will see measurable improvement in their confidence, mental resilience, and overall performance.

**WE BACK OUR WORK WITH A 100% MONEY-BACK GUARANTEE**

If you would like to work together to give your child the highest level of confidence they can get then we are here for you.

Click **HERE** to learn more the program and schedule an introductory session.



# Testimonials



"Luke helped me overcome fear of mistakes, get rid of performance anxiety, get organized, and become confident again. I have come so far as a person and player. I am so glad I did this before starting college."

**KATELYN GREINER**  
**[SEE HER FULL TESTIMONIAL HERE](#)**



"My wife and I came to Luke because my daughter was facing a lack of self-belief and confidence. The progress she has made has been night and day. She has confidence in herself now."

**STUART BARNES (PARENT)**  
**[SEE HIS FULL TESTIMONIAL HERE](#)**



"Working with Jen & Luke helped our daughter Miranda to clarify and prioritize her goals, on and off the field, and structure them into achievable and measurable actions to gauge her progress and maintain focus. It enhanced her confidence and reduced performance anxiety when playing at a top level and with/against older players (she was one of only two freshman on the Varsity team)."

**LAURA AND LOUIS (PARENTS)**



"Some of the benefits Audrey experienced working with Jen and Luke were the life skills you don't usually get as a 13 year old girl, like how to deal with anxiety and how to use her time better rather than procrastinating. Overall it's given her a sense of confidence and awareness of herself."

**MICHAEL SCHLADOR (PARENT)**



"Through working with Luke, Lily built her mental/emotional resilience, enhanced her self-trust, and gained more confidence in soccer and also outside of soccer. I recommend working with Luke, and I have already recommended him to friends of mine".

**HEATHER N (PARENT)**



"Hunter's growth since her completion of the program at Evolving Athlete Academy has been impressive. She is more confident on the field and trusts in her technical skills and own abilities to see the field and make the right next decision. She can now block out the negative voices of her teammates that criticize instead support and instruct"

**ZENNA LANTZMAN (PARENT)**